

The School District of Palm Beach County, Florida
School Food Service Department

Elementary School Approved A La Carte Beverages for SY 2013-2014

Beverage	SFS Item #	Size	Meets	
			AHG	HUUSC
Sysco Food Bid				
Zephyrhills Water	2009	8 oz.	Y	Y
Zephyrhills Water	2008	16.9 oz.	Y	Y
V8 Fusion			Y	Y
Pomegranate Blueberry	2035 A	8 oz.		
Strawberry Banana	2035 B			
Concord Grape	2035C			
Juice (Aseptic) – Juicy Juice			Y	Y
Apple, Berry & Fruit Punch	2019 - ABC	4.23 oz.		
Fruit 66 – 100% Fruit Juice			Y	Y
Passion Fruit, Strawberry Melon, Tropical Fruit Punch	2037 ABD	8 oz.		
Borden Dairy Company of Florida				
Milk				
Skim	4467	8 oz.	Y	Y
Fat Free Chocolate	4470	8 oz.		
1% Low Fat Unflavored	4492	8 oz.		
M&B				
Juice			Y	Y
Assorted Juice Flavors	See Order Form	4 oz.		

Alliance For A Healthier Generation’s Guidelines

- ∞ Water in any size container
- ∞ ≤ 8 oz. milk and juice
- ∞ ≤ 150 cal/8 oz. fat-free or low-fat milk
- ∞ ≤ 120 cal/8 oz. 100% juice (NO added sweeteners) **AND** 10% DV for 3 micronutrients

Healthier US School Challenge

- ∞ Milk serving is limited to 8 oz.
- ∞ Fruit and Vegetable juices. 100% full strength with no sweeteners or non-nutritive sweeteners
 - ≤ 6 ounces
- ∞ Water (non-flavored, non-sweetened, non-carbonated, non-caffeinated, without non-nutritive sweeteners)

DISCLAIMER: The intention of the School District of Palm Beach County’s School Food Service Department was to transition the sale of all a la carte beverages to align with the Alliance for a Healthier Generation’s (AHG) beverage guidelines. Please note that beginning with the 2011-2012 school year, all beverages listed on this shopping guide meet the AHG beverage guidelines and are **approved for sale in all elementary schools.**